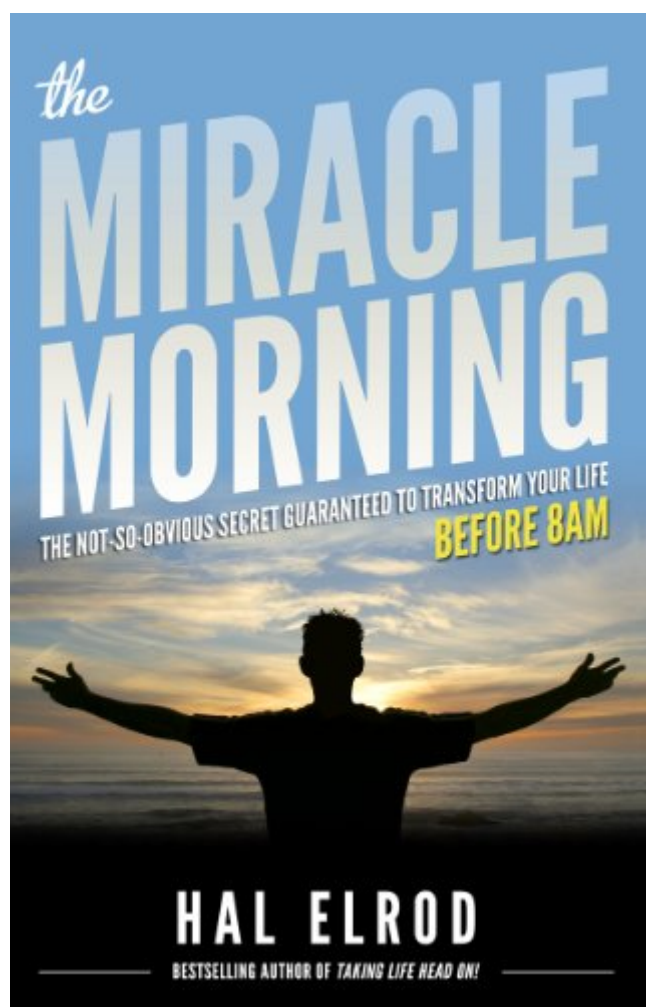


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The Miracle Morning: The Not-So-Obvious Secret Guaranteed To Transform Your Life (Before 8AM) (The Miracle Morning Book Series 1)



Synopsis

[A message from Robert Kiyosaki, bestselling author of 'Rich Dad, Poor Dad'] Hal Elrod is a genius and his book The Miracle Morning has been magical in my life. I have been in the human potential / personal development movement since 1973, when I did my first EST training and saw a whole new world of possibilities. Since then, I have studied religions, prayer, meditation, yoga, affirmation, visualization, and NLP (neuro-linguistic programming). I've walked on fire, and explored other unconventional philosophies, some too far out there to mention. What Hal has done with his acronym SAVERS is taken the best practices developed over centuries of human consciousness development and condensed the best of the best into a daily morning ritual. A ritual that is now part of my day. Many people do one of the SAVERS daily. For example, many people do the E, the exercise every morning. Others do S for silence or meditation, or S for scribing, journaling every morning. But until Hal packaged SAVERS, no one was doing all six ancient best practices every morning. Miracle Morning is perfect for very busy, successful people. Going through SAVERS every morning is like pumping rocket fuel into my body, mind, and spirit before I start my day, every day. As my rich dad often said, I can always make another dollar, but I cannot make another day. If you want to maximize every day of your life, read Miracle Morning. What if you could miraculously wake up tomorrow and any or every area of your life was transformed? What would be different? Would you be happier? Healthier? More successful? In better shape? Would you have more energy? Less Stress? More Money? Better relationships? Which of your problems would be solved? What if I told you that there is a "not-so-obvious" secret that is guaranteed to transform any or literally every area of your life, faster than you ever thought possible? What if I told you it would only take 6 minutes a day? Enter The Miracle Morning. What's now being practiced by thousands of people around the world could perhaps be the simplest approach to creating the life you've always wanted. It's been right there in front of us, but this book has finally brought it to life. Are you ready? The next chapter of your life the most extraordinary life you've ever imagined is about to begin. YOU DESERVE AN EXTRAORDINARY LIFE. IT'S TIME TO WAKE UP TO YOUR FULL POTENTIAL

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Customer Reviews

I love the principles behind having a morning routine. Some have suggested you don't need the mornings to do all this. No you don't, but I believe it's the best way. The reason is when you go through your daily life, you can't control what happens to you. However you can control how you start your day. So no matter what craziness happens during the day, you've made time to focus on yourself and personal growth. Also it gets you ready for the day. If you feel grateful, do your affirmations, get the blood flowing, and focus on the goals you want to achieve for yourself in the morning, the rest of the day you're going to see the world through that filter. If you wake up and watch the news, check what your friends are complaining about on Facebook, watch some TV, grab a quick sugar filled breakfast and then head out the door to start your day, then you've set yourself up for a lazy and unproductive. Do that for 365 days and see what happens. I know because my morning routine did nothing for me. I worked at a restaurant so I didn't work till nights. I'd sleep in, watch tv, check my email, check social media, eat breakfast while doing this, and then do this until lunch time. After lunch, I'd do more of the same until it was time for work. Hal's book speaks to me like an old friend teaching me the best way to maximize my mornings. I like that he doesn't come off like a guru. He sounds like a regular guy who's overcome a lot in his life and discovered the one thing that makes him able to achieve so much in life. There's no guessing what you need to do. He

lays out a plan for you that has not only worked for him, but his coaching clients. If you saw my Kindle book, it's covered in highlights and notes.

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